During the last holidays I was fortunate enough to visit China for two weeks with a group of principals. The purpose of the tour was to investigate Chinese school education as well as visit historic landmarks and sites. The experience proved very worthwhile and changed my perceptions of the degree of importance that China will play in the lifetime of our current students at Marsden. China has a very rapidly expanding economy based on growth. I was astonished at the infrastructure and building programs in evidence everywhere. China is Australia’s number 1 trading partner and I have little doubt that in 20 years it will have the strongest economy globally. What was very much in evidence on the trip is the importance placed on education in China and the resources that are devoted to schools to support learning. I was impressed with student commitment to learning and the quality educational programs on offer. The lifestyle for many, is highly aspirational. China currently has more multi millionaires than any other country and the standard of living is improving rapidly. In the next twenty years and beyond, our young people will be competing directly with vast numbers of well educated, hard working Chinese on a global stage. More than ever, 21st century learning skills will be vital if our young people are going to be successful in the face of such competition. Learning skills that involve critical and creative thinking, effective communication and collaboration skills, a wide variety of literacy skills and life skills that involve flexibility, initiative, social skills and leadership are going to be extremely important for our students.

Whilst the trip was edifying, I must say, though, that I was very happy to return to Australia. The clean air here is priceless as are our rights and freedoms afforded us by our robust democracy.

We welcome 2 new English teachers this term. They are Ms Denton and Mr Quelch. Our thanks to Mr O’Brien and Ms Taplin for their great work last term. We are also losing Ms Samuel who has secured a position much closer to home. We wish her well at her new school and thank her for excellent contribution to Marsden in computing and mathematics.

Gus Vrolyk
Principal

Our next P&C meeting is on Tuesday 26th May in the Library at 7:30pm
Term 2 is a very important term for students as they have their half-yearly exams. Students should be revising their notes for at least 2 weeks before their exams and finding the study techniques that best help them remember their work. One method that has been researched and found to be very successful is for the student to enlist the help of another person who quizzes them on their notes. This recall of the information forges pathways in the brain and the more frequently the points are remembered, the easier it becomes over time.

Parents are asked to provide contact details that are current. If a student feels sick, they report to the front office and our first-aid officer tends to the student and rings parents to let them know that their child is unwell. If the contact details are incorrect and we have not been able to contact the people listed for the student, then the student remains at school. This can be of concern, if we have need to ring the ambulance for the student.

Attendance is extremely important to success at school. Students who miss school lose the continuity of work done in class and may fall behind. If a student has been marked absent in the morning, we send a SMS to the nominated parent letting them know that their child is absent. If we have not received any reason for the absence after 1 week, then a letter is automatically generated and sent to parents. The Home School Liaison Officer (HSLO) visits our school on a regular basis and monitors students who have an attendance rate of less than 85%. If we have not received any advice from parents to explain the absences then the student will be targeted for investigation by the HSLO. We also send out a letter to parents if we have not received any information about the absences. Leave for holidays taken during the term is counted as an absence, rather than being exempt from the attendance calculation.

Ms Paczkowski
Deputy Principal
Years 11 and 12

Year 11 and 12 students have now completed their half yearly exams. Year 12 students should also have their results. This is an important time for reflection. Teachers have reported that a number of students have already been to see them to discuss how they can do better in the Trial/yearly exams – this is music to my ears! Students should be asking the following questions of themselves:

Did I spend enough time preparing for the exams?
Were my summary notes as detailed as they needed to be?
Did I use a variety of note taking techniques including mind maps?
Did I understand what the questions were asking?
Did I answer the questions properly?
Did I use the terminology from the syllabus in my answers?
Did I allow enough time for each question?
Have I spoken to my teachers about where I could have improved my results?
Have I subsequently answered the questions I did not get full marks for?
How can I do better next time?
Did I do my personal best?
What do I need to do now?

The Year 12 reports are currently being written and will be issued to students on 15 May. Year 11 reports will be issued on 5 June. In addition, I have asked the teachers for the top 3 and bottom 3 students in each Year 11 and Year 12 class, to give me an idea of how students are travelling. Parents with students in the top 3 in each class will receive a letter in the mail. Students in the bottom 3 will be interviewed by the Deputy Principal to determine a pathway for improvement.

Starting Week 2, Year 12 students will be involved in lunchtime meetings each Friday. These meetings will address study skills, maximising ATARs, applying for university and TAFE, Bonus Points, ACCESS Schemes, apprenticeships and the Defence Forces. All students are expected to attend.

On Tuesday last week, six Year 11 students from the Johnson and Johnson Bridge to Employment (BTE) program had another opportunity to speak to students in the USA using state of the art technology. Maddie, Dylan, Brianna, Kirsten and Jess spoke to students in Pennsylvania, compared their lives and found about how the BTE program has operated at their school. Despite the early start students were keen to meet the students from Pennsylvania. The American students are always jealous of our late start to the school day as they start their classes at 7.30am and finish at 2.30pm.

I would also like to encourage Year 12 students in particular to make an appointment with one of the Careers Advisers to ensure they are on track for whatever pathway they intend to follow next year. It is essential to know the entry requirements for university or TAFE as well as fees and special conditions. In addition, senior students who require a calendar for Term 2 can pick one up in the Careers Office.

Mrs Symons
Deputy Principal
From English
The English faculty would like to extend a warm welcome to two new teachers joining us this term. Ms Megan Denton has been at Condell Park High this year and is now with us as an English teacher, and Mr Anthony Quelch, previously at Wyndham College, has taken up the role of our Drama/English teacher.

Lina Okati of Year 10 recently participated in the state wide Plain Speaking Competition for students in Years 9-12. The judges look for speakers who present an eight minute prepared speech and a three minute improvised speech in a highly effective and engaging manner. This year's improvised topic was 'time travel', with participants given three minutes to prepare their speech. Lina's prepared speech on the issue of racism was excellent in exploring the issue. Whilst she didn't make it through to the finals, Lina learned a lot about preparing under pressure and the skills required in public speaking. Well done.

Robotics
A huge thank you to the parents and students who helped with the Robotics fundraiser BBQ on Election Day 28/3/15, we raised $410 on this day. You help was really appreciated

Ms Brennan
Head Teacher Maths/Computing

2015 Cross Country Age Champions & House Points

House Points
1st- BRADMAN 616
2nd- CUTHBERT 541
3rd- YOUNG 512
4th- KONRAD 460

Age Champions

<table>
<thead>
<tr>
<th>AGE</th>
<th>FEMALE</th>
<th>MALE</th>
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<tbody>
<tr>
<td>12</td>
<td>Olivia Van Uden</td>
<td>Martin Sellar</td>
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<tr>
<td>13</td>
<td>Tamsin Low</td>
<td>Frazer Garrett</td>
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<tr>
<td>14</td>
<td>Jasmine Koutsouris</td>
<td>Ryan Manley</td>
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<tr>
<td>15</td>
<td>Ivy Lao</td>
<td>Cameron Baikie</td>
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<tr>
<td>16</td>
<td>Sarah Travis</td>
<td>Ben Spenceley</td>
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<tr>
<td>17</td>
<td>Tyan Whitford</td>
<td>Nick Sawell</td>
</tr>
<tr>
<td>18</td>
<td>Natasha Wareham</td>
<td>Zaki Masjidi</td>
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Our ANZAC display in the Library
World of Maths Road Show

During Week 9 of term 1, students from Year 7 and Year 8 had the opportunity to participate in the World of Maths Road show. It was an ideal opportunity for students to see how Maths is applied to some real life situations. Students gained insight into problem solving, working in teams and also various Maths principles which are part of the school curriculum. The Road show was a highly engaging session which showed students that Maths can be fun!!

Mrs A Samuel
Maths Faculty

ANZAC Day Assembly

Congratulations to Ms Fevzi and the history staff and students for the most moving ANZAC Day Assembly. The effort put into this assembly was fabulous and the theme of commemoration rather than glorification was very well received.
Students involved in Galileo Project as part of Big History. Their interactive display was open to the public and received high praise. Congratulations to Mr van der Heide for giving the students this wonderful opportunity.

Camp Gallipoli

Students from Marsden together with Mr Dubria, Mr & Mrs Fabbi and Mrs Campbell slept out at Camp Gallipoli in Moore Park.

Despite the cold and the sleeplessness, the students and teachers reported that it was a very worthwhile and humbling experience.
**Dracula Spectacula is almost here!**

Grab your diary and calendar and lock in these dates – **Wednesday 17th and Thursday 18th June**.

These are the dates of Marsden's musical extravaganza – ‘Dracula Spectacula’. Our cast members - ably led by Ms Idrus, Ms Lee and Ms Langelaar - have been hard at work rehearsing for our two evening performances and matinee. Our set construction is underway and the props are being collected. The costuming is coming together and the makeup will be ghastly - on purpose of course, as the whole of Marsden will be transformed into a ghoulish vampire den, ready to scare, amuse and delight you!

So make sure you keep the 17th and 18th June free to be part of Marsden’s musical Dracula Spectacula. More information will follow about how to purchase your tickets to this unique event.

**Business Studies**

On 28th April seventeen HSC Business Studies students attended an in-depth presentation at the Head Office of McDonald's Australia. Topics focused on included marketing and management. This excursion was supported and organised by the 2realise organisation.

The students were able to visit the test kitchen and learn about the latest in product development. All students were engaged in building up their case study materials with the latest statistics on the performance of the company.

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Marsden High School band ‘Lockdown’ performing at the Ryde Easter Parade
2015 information for parents and carers

WHAT IS THE NATIONAL DATA COLLECTION?

The Nationally Consistent Collection of Data on School Students with Disability (the national data collection) is an annual collection that counts the number of school students with disability and the level of reasonable educational adjustment they are provided with.

The national data collection will count students who have been identified as receiving an adjustment to address a disability under the Disability Discrimination Act 1992 (the DDA). The DDA can be accessed from the ComLaw website at www.comlaw.gov.au.

WHAT IS THE BENEFIT FOR MY CHILD?

The aim of the national data collection is to collect better information about school students with disability in Australia.

This information will help teachers, principals, education authorities and families to better support students with disability to take part in school on the same basis as students without disability.

The national data collection is an opportunity for schools to review their learning and support systems and processes to continually improve education outcomes for their students with disability.

WHY IS THIS DATA BEING COLLECTED?

All schools across Australia collect information about students with disability. But the type of information currently collected varies between each state and territory and across government, Catholic and independent school sectors.

When implementing the national data collection, every school in Australia will use the same method to collect information. Therefore, a government school in suburban Sydney will collect and report data in the same way as a Catholic school in country Victoria and an independent school in the Northern Territory.

The information provided through the national data collection will enable all Australian governments to better target support and resources to benefit students with disability. The data will help schools to better support students with disability so that they have the same opportunities for a high quality education as students without disability.

WHAT ARE SCHOOLS REQUIRED TO DO FOR STUDENTS WITH DISABILITY?

All students are entitled to a quality learning experience at school.

Schools are required to make reasonable adjustments, where needed, to assist students with disability to access and participate in education free from discrimination and on the same basis as other students.

These responsibilities are outlined in the DDA and the Disability Standards for Education 2005 (the Standards). The Standards require educators, students, parents and others (e.g. allied health professionals) to work together so that students with disability can participate in education. The Standards can be accessed via the ComLaw website at www.comlaw.gov.au.

WHAT IS A REASONABLE ADJUSTMENT?

A reasonable adjustment is a measure or action taken to help a student with disability access and participate in education on the same basis as students without disability. Reasonable adjustments can be made across the whole school setting (e.g. ramps into school buildings), in the classroom (such as adapting class lessons) and at an individual student level (e.g. extra tuition for a student with learning difficulties).

WHAT INFORMATION WILL BE COLLECTED?

Every year your child’s school will collect the following information for each student with a disability:

- the student’s level of education (i.e. primary or secondary)
• the student’s level of adjustment
• the student’s broad type of disability.

The information collected by schools will be provided to all governments to inform policy and programme improvement for students with disability.

**WHO WILL BE INCLUDED IN THE NATIONAL DATA COLLECTION?**

The definition of disability for the national data collection is based on the broad definition under the DDA.

For the purposes of the national data collection, students with learning difficulties such as dyslexia or auditory processing disorder as well as chronic health conditions like epilepsy, diabetes or asthma, that require active monitoring by the school, may be included.

**WHO WILL COLLECT INFORMATION FOR THE NATIONAL DATA COLLECTION?**

Teachers and school staff will identify the number of students with disability in their school and the level of reasonable adjustment they are provided based on:

• consultation with parents and carers in the course of determining and providing reasonable adjustments
• the school team’s observations and professional judgements
• any medical or other professional diagnosis
• other relevant information.

School principals are responsible for ensuring the information identified about each student is accurate.

**HOW WILL MY CHILD’S PRIVACY BE PROTECTED?**

Protecting the privacy and confidentiality of all students and their families is essential. Personal details such as student names or other identifying information will not be provided to local or federal education authorities.


**IS THE NATIONAL DATA COLLECTION COMPULSORY?**

All education ministers agreed to full implementation of the national data collection from 2015. This means that all schools must now collect and report information annually on the number of students with disability in their care and the level of adjustment provided to them.

Information about the arrangements that may apply to your school in relation to this data collection is available from your child’s school principal and the relevant education authority or association of independent schools.

Even if your child’s information is not included in the national data collection, the school is still required to provide support to your child with education needs.

**FURTHER INFORMATION**

Contact your child’s school if you have further questions about the Nationally Consistent Collection of Data on School Students with Disability and how it may involve your child.


From Careers

Your Path To Sydney Uni
You are invited to join us at our Your Path to Sydney Uni information evening at Revesby Workers’ Club. This year our guest speakers include Professor Tyrone Carlin, Deputy Vice-Chancellor (Registrar) of the University of Sydney, and Dr Karl Kruszelnicki. It is a great opportunity for you and your child to find out more about courses available at the University of Sydney.

Students, teachers, and parents can:
• Hear about student life at the University of Sydney;
• Learn about our Access Sydney: Alternative Pathway schemes;
• Learn about the costs associated with going to university;
• Find out more about scholarships and study options; and
• Speak to faculty and support staff.

Event Details
When: Wednesday 20 May 2015 from 6 - 9pm
Where: Whitlam Room, Revesby Workers’ Club
Register: Places are limited so please register online at sydney.edu.au/yourpath

Defence Force Recruiting in May.
Will be running the following information sessions:
NAME DATE LOCATION
• ADF Careers Monday 4th May 2015 DFRC Parramatta
• Women in Defence Tuesday 5th May 2015 DFRC Parramatta
• ADF Education Wednesday 6th May 2015 DFRC Parramatta
• Pilot Monday 11th May 2015 DFRC Parramatta
• Army Reserve Tuesday 12th May 2015 Holsworthy
• Army Thursday 14th May 2015 DFRC Parramatta
• Navy Monday 18th May 2015 DFRC Parramatta
• Engineering Tuesday 19th May 2015 Manpower Head Office
• ADF Fitness Wednesday 20th May 2015 DFRC Parramatta
• Army Reserve Wednesday 20th May 2015 Pittwater RSL
• Health Roles Thursday 21st May 2015 DFRC Parramatta
• Army Officer Monday 25th May 2015 DFRC Parramatta
• Air Force Tuesday 26th May 2015 DFRC Parramatta

Information sessions will start at 6.30pm and finish by 8.30pm.
Doors will close at 6.45pm.
Please give your name to the Careers office so that you can be registered for a session.

AVIATION AUSTRALIA will be holding a Cabin Crew Career evening in Sydney on 6th May. Please get the information from the Careers office.

What's On in April.
Check out what's on for your students below.
A Day @ UNSW has a new date in June.

Work Experience for year 10 - Term 2 Monday 15th June – Friday 19th June 2015
As part of the Careers program, all year 10 students are taught about work experience and what a wonderful opportunity it provides for them to participate in the world of work for a week. To enhance this experience they have explored areas of career interest and learnt to write resumes.

Students are asked to find their own work experience employer, but help is also available. We ask that parents/guardians provide any assistance they can to support them to participate.

Work experience helps them to:
• test their job and career choices, if known or otherwise
• engage with the wider community
• learn what employers want in their workforce
• build general work skills like workplace communication, self reliance and team work
• gain confidence and maturity through participation in an adult work environment
• make informed decisions when planning their transition through school and on to further education, training and work.

Students need to do a number of things to assist them in making work experience a reality:
• collect their Student Placement Record from the Careers Room at recess or lunch or at the beginning and end of their careers lessons
• collect a copy of “What to say when you visit a work experience employer”
• write a resume as outlined in class and hand it in to their careers teacher (Ms Hart or Ms Rodely) for correction or amendment (due now!)
• visit the careers room to see where last year’s year 10 went for their work experience and follow up by talking to the relevant students in year 11 about what it was like
• use social and family networks to locate possible work places of interest to them (however they should not work directly with close family as it is something they can do another time)
• look up the yellow pages online
• have their completed Student Placement Records back to the Careers Adviser signed by them, the employer and their parent/guardian by Friday 22 May at the latest.

All employers who agree to take a student and complete the Student Placement Record and are approved by the school as appropriate are covered by Department of Education and Communities’ insurance.

Employers must be provided with either a hard copy or an electronic copy of the Employer’s Guide to Workplace Learning.

Please don’t hesitate to ask if you need more information or if you can provide a work experience opportunity for another student in year 10.

Ms Hart and Ms Rodely
Careers Advisers
So you want to be a tradie...

Get started now and lay the groundwork for your future with a carpentry pre-apprenticeship course. (Construction Pathways)

In just 12 weeks you gain basic skills and experience of what it’s like to work in the construction industry and you’ll have the theory that you need to be apprenticeship ready.

You will also be guided on how to apply with industry bodies for employment to assist your gaining an apprenticeship.

All units (subjects) that you complete will credit transfer towards a certificate 3 (trade) qualification.

PATHWAYS
- Apprenticeship in carpentry
- Apprenticeship in another trade eg electrical
- Working in another trade area e.g. air conditioning instalment, pump repair, excavation, labouring, waterproofing of buildings / bathrooms

COMMENCES
19 May 2015
(Mondays, Tuesdays and Wednesdays)

For more information:
Contact: Nigel Welsh 9472 1266 nigel.welsh1@tafensw.edu.au
Robert Jarvie 9472 1297 robert.jarvie@tafensw.edu.au

Call 131 674 Visit nsi.edu.au

Bradfield / Crowe Nest / Hornsby / Meadowbank / Northern Beaches / Ryde / St Leonards
Open Days for 2015-2016

APM College of Business Communication
The Rocks campus 3 May, 1 Aug 2015

Australasian College of Natural Therapies
Pyrmont campus 3 May, 1 Aug 2015

Australian Catholic University
Canberra campus 29 Aug 2015
North Sydney campus 5 Sept 2015
Strathfield campus 12 Sept 2015

Australian College of Applied Psychology
Information nights 14 July, 12 Aug, 11 Nov 2015
For more information, visit www.acap.edu.au

Australian Maritime College
Beauty Point campus 30 Aug 2015
Newnham campus 30 Aug 2015
Campus tours can be arranged by appointment year round. Visit www.amc.edu.au/visit-amc

Australian National University 29 Aug 2015
For campus tours, visit http://anu.edu.au/study/events/campus-tours

Billy Blue College of Design
Ultimo campus 3 May, 1 Aug 2015

Charles Sturt University
Open day every day. For campus tours/appointments and course information, call 1800 DEGREE (1800 334 733) or visit www.csu.edu.au/campustour

CQ University
Sydney campus 13 Aug 2015, 2–6pm
Virtual Open Day (online only) 10 Sept 2015, 10am–6pm
For more information, visit www.cqu.edu.au/events

Griffith University
Gold Coast campus 26 July 2015

International College of Management, Sydney
Manly campus 16 Aug 2015

Jansen Newman Institute
Pyrmont campus 3 May, 1 Aug 2015

La Trobe University
Albury-Wodonga campus 28 Aug 2015
Mildura campus 19 Aug 2015
For other campuses visit www.latrobe.edu.au/openday

Macleay College
Surry Hills campus 22 Aug 2015, 16 Jan 2016
For a personalised campus tour, call 1300 939 888

Macquarie University 12 Sept 2015

MIT Sydney
For campus tours/appointments and course information, call (02) 8267 1400 or visit mit.edu.au

National Art School 29 Aug 2015

SAE Creative Media Institute
Sydney and Byron Bay campuses 8 Aug 2015
For up-to-date information, visit http://sae.edu.au/news-and-events/events or free call 1800 SAE EDU (1800 723 338)

SIBT 29 Aug 2015

Southern Cross University
Info days and ‘virtual’ info sessions
Coffs Harbour campus 7 Dec 2015
Lismore campus 9 Dec 2015
Gold Coast campus 11 Dec 2015
For more information visit www.scu.edu.au/scuinfodays
The Hotel School Sydney 12 Sept 2015
For more information visit, hotelschool.scu.edu.au/about/info days

University of Canberra 29 Aug 2015

University of New England 1 May 2015
For personalised tours, call 1800 818 865 or visit www.une.edu.au/campus tours

University of Newcastle
Newcastle campus (Callaghan) 22 Aug 2015
Central Coast campus (Ourimbah) 15 Aug 2015
Port Macquarie campus 6 Aug 2015

University of Sydney 29 Aug 2015

University of Technology, Sydney
City and Kuring-gai campuses 29 Aug 2015

University of Western Sydney
Parramatta campus 30 Aug 2015
UWS Campus Experience tours are held throughout the year. To register, visit www.uws.edu.au/campus experience or call 1300 897 669

University of Wollongong
Wollongong campus 15 Aug 2015
Sydney CBD campus 29 Aug 2015

UNSW Australia
Kensington campus 5 Sept 2015
UNSW Canberra at ADFA 29 Aug 2015

William Blue College of Hospitality Management
The Rocks campus 3 May, 1 Aug 2015

For information on school visits days, contact individual institutions
How to install SchoolEnews

**iPhone and iPad Users**
1) Press App Store icon on your device
2) Press Search and type in “Enews”
3) Press “Get”, the app will download
4) Press “Open” and accept “push alerts”
5) Search for your school name

**Android Users**
1) Press Play Store icon on your device
2) Press magnifying glass and type in “Enews”
3) Press “Install”, the app will download
4) Press “Open”
5) Search for your school name

**Configure Push Alerts**
1) Press “Settings / Coq” icon
2) Turn off the lists you don’t want

**Other Smartphones and Tablets**
Visit http://app.schoolenews.com for more apps

Subscribe for Email Updates

1) Visit your school website
2) Click “School Enews” or “Newsletters & Notes” top heading (might differ slightly)
3) Under the “Subscribe” heading, tick on appropriate lists
4) Enter in your name and email address.
5) Click Subscribe (IMPORTANT: An email will be sent to your email address, you MUST click the “Activate Now” inside this email that is sent to you)

Don’t forget to Like us on Facebook.com/schoolenews
Find out more at www.schoolenews.com

Please log onto Marsden High School website and sign up to receive Newsletter via email. Also sign up to appropriate year lists to receive information pertaining to your child’s scholastic year.
THE HSC AND CAREERS EXPO 2015

Thursday 28 May and Friday 29 May, 9am-3pm
Saturday 30 May and Sunday 31 May, 10am-3pm
Royal Hall of Industries, Moore Park, Sydney
hscandcareers.com.au

The biggest careers and education event in New South Wales

Exhibitors include suppliers of HSC resources, universities, TAFE and training colleges PLUS 100 seminars on HSC subjects, tertiary courses, career, study and gap year advice

Seminars on HSC subjects and topics including:
- English
- Business Studies
- Mathematics
- Chemistry
- Biology
- PDHPE
- Modern History
- course, career and study advice
- subject selection advice for Year 10 students
- UAC application processes for Years 11 and 12 students
- gap year options
- resume writing
- employment options

Exhibitors including:
- universities, tertiary institutions and training colleges
- HSC textbook and study guide publishers
- providers of career and employment advice
- providers of gap year and student exchange programs
- apprenticeship and employment organisations

$5.00 admission for students in schools groups attending on Thursday or Friday

General admission $10.00. Family discounts available

Tickets are valid for all 4 days of The Expo and include all seminars

Go to hscandcareers.com.au and download our free app or contact Resources for Courses on 1300 190 290

Find out more in The Expo Visitor Guide to be published in The Daily Telegraph on Tuesday 26 May

proudly supported by

our media partner

and our sponsors
Free evening Seminar on Identifying & Managing Child Anxiety

Are you, or someone you know, concerned about Anxiety in children 7 – 12 years old?

The Rotary Club of North Ryde is running a series of seminars on child anxiety, based on research by the Centre for Emotional Health at Macquarie University.

**Topic:** Identifying & Managing Child Anxiety.

**Speaker:** Dr Lauren McLellan, Centre for Emotional Health, Macquarie University, a registered psychologist and post-doctoral research fellow. She has experience working with children and families and a particular interest in assisting children and their carers manage excessive anxiety and fears.

**Description:** Anxiety is the most common form of mental problem, followed by depression. The effects are very distressing to family and friends. But understanding the causes, impacts and potential treatments can help manage it.

This seminar will discuss the problem, its causes and treatment programs, based on breakthrough research findings. A Q&A session is included. Suitable for students, parents, carers, school counsellors and teachers and anyone interested in the topic.


Over 600 university, school, corporate and community participants will run or walk to raise money for youth mental health research and treatment, and other worthy Rotary projects.

Find out how you can sponsor the North Ryde Fun Run or make a donation on our [Sponsor Us page](http://www.northrydefunrun.com.au/seminars/).

Good for you, good for youth mental health
Local foster carers needed

Family and Community Services are seeking people in the local area to provide short term and crisis foster care for children and young people 0-18 years that are unable to live with their own families.

Individuals, couples and families from varied backgrounds and cultural groups are required. Aboriginal and Torres Strait Islander people are encouraged to apply. All carers receive training, ongoing support and financial assistance.

If you are interested in making a difference and helping children reach their full potential, please call 02 9765 5000 or email fosteringwithfac@facs.nsw.gov.au

The Acting Experience

The Acting Experience specialises in acting classes for:

- **CHILDREN’S DRAMA** (for school years 4 to 6)
- **YOUNG ADULTS** (for High School students)

**WHAT MAKES US UNIQUE?**

- 2-HOUR CLASSES EACH WEEK
- SMALL CLASS SIZES

The Acting Experience also runs School Holiday Workshops in:

- Primary School Drama Days
- Teenage Screen Acting

**FOR MORE INFORMATION:**
actingexperience.com.au
info@actingexperience.com.au
0457 574 662

“Act. Create. Communicate”

Boost your creativity, confidence and communication skills. Self-development through drama.

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**0404 842 886**

**YOUTH THEATRE**

**STUDENTS AGED 12-16**

**LOCATIONS**

Eastwood
Epping
Wahroonga

www.helenogrady.com.au
Are you in Yr 7, 8 or 9....?
Want to meet people and have fun....?
Want to strengthen your body.....?
Want to strengthen your mind....?

Come along to brave

Date: 29th April to 17th June (each Wednesday)
Time: 3:30 to 5:30 (afternoon tea included)
Location: ‘Our Space’ 167 Shaftesbury Rd, Eastwood
Bring: sport/exercise clothing & shoes
Cost: FREE
Register: taryn.soderman@2realise.org.au (by 24th April, places are limited)
More Information: Taryn – 9639 0253

The 2realise brave program empowers young people by improving their physical and mental wellbeing, so they can be more resilient and reach their potential.
ERMINGTON PUBLIC SCHOOL
FETE
23 MAY
SATURDAY
10AM - 4PM
WINBOURNE STREET
WEST RYDE

Featuring

★ Rides ★ Snakes ★ Cakes ★ Dancing ★ Toys ★ Craft ★
★ Face Paint ★ Plants ★ Raffle ★
★ Cupcakes ★ Flowers ★
★ International Food ★